

www.quiltculture.art

If you know any Adult with Autism in need of an apron, please use this pattern to make them one. If they need more than you can do, please submit a request using the website above. Our goal is to give every Adult with Autism on the planet an apron. We are honored to have your help.

Quilt Culture

Material list

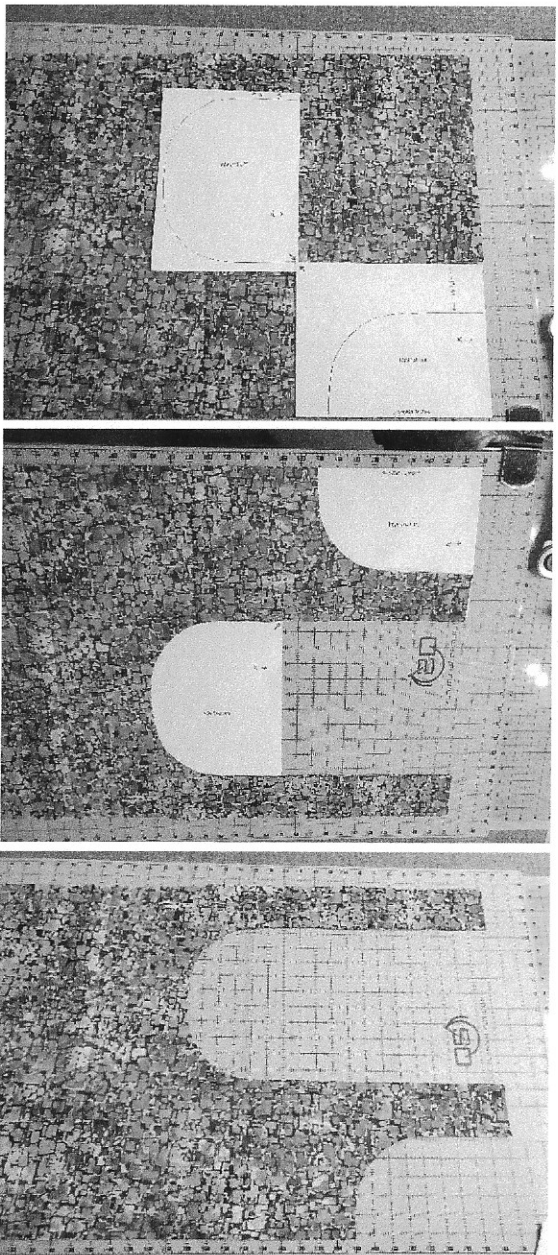
1 1/3 yards Batik fabric

Thread

A giving heart filled with JOY

Directions

- 1. Lay fabric onto cutting mat with the fold facing you. Place neck cut out pattern piece aligned with the fold and the top edge of the fabric. Place the arm cut out pattern piece so the alignment arrows are pointing towards each other.*
- 2. Pin in place and cut out. It should look like this.*



4. *Trim the selvage edge down to make the strap 3 inches wide. This will cut the selvage off the full length of the apron.*
5. *Now apply a rolled hem along the arms and neck. You will need to ease in the curves areas and the rolled hem should be quite small. Also, hem the back edges where you cut the selvage off.*
6. *Hem the bottom of the apron by turning up the bottom twice and stitching along the top of the hem as well as the folded edge. This creates a nice detail and adds to the durability.*
7. *Next fold the bottom hem up 8 inches and press a line. Stitch along the fold then stitch pocket lines to create 4 pockets (or more if you would like) you will need to stitch the ends closed. These lines are flexible so don't worry that they be measured precise. Everyone likes big pockets, right?*
8. *Lay the apron pockets facing down and crisscross the straps in the back to make an X. Pin straps where you will sew shoulder seams.*
9. *Sew the shoulder seams next with a French seam to attach front straps to back straps.*
10. *Congratulations! You have made a quick and easy apron that will give JOY to an adult with Autism and their family.*

Thank you for participating in this project that is near and dear to our hearts. You are appreciated! A Quilting HERO!

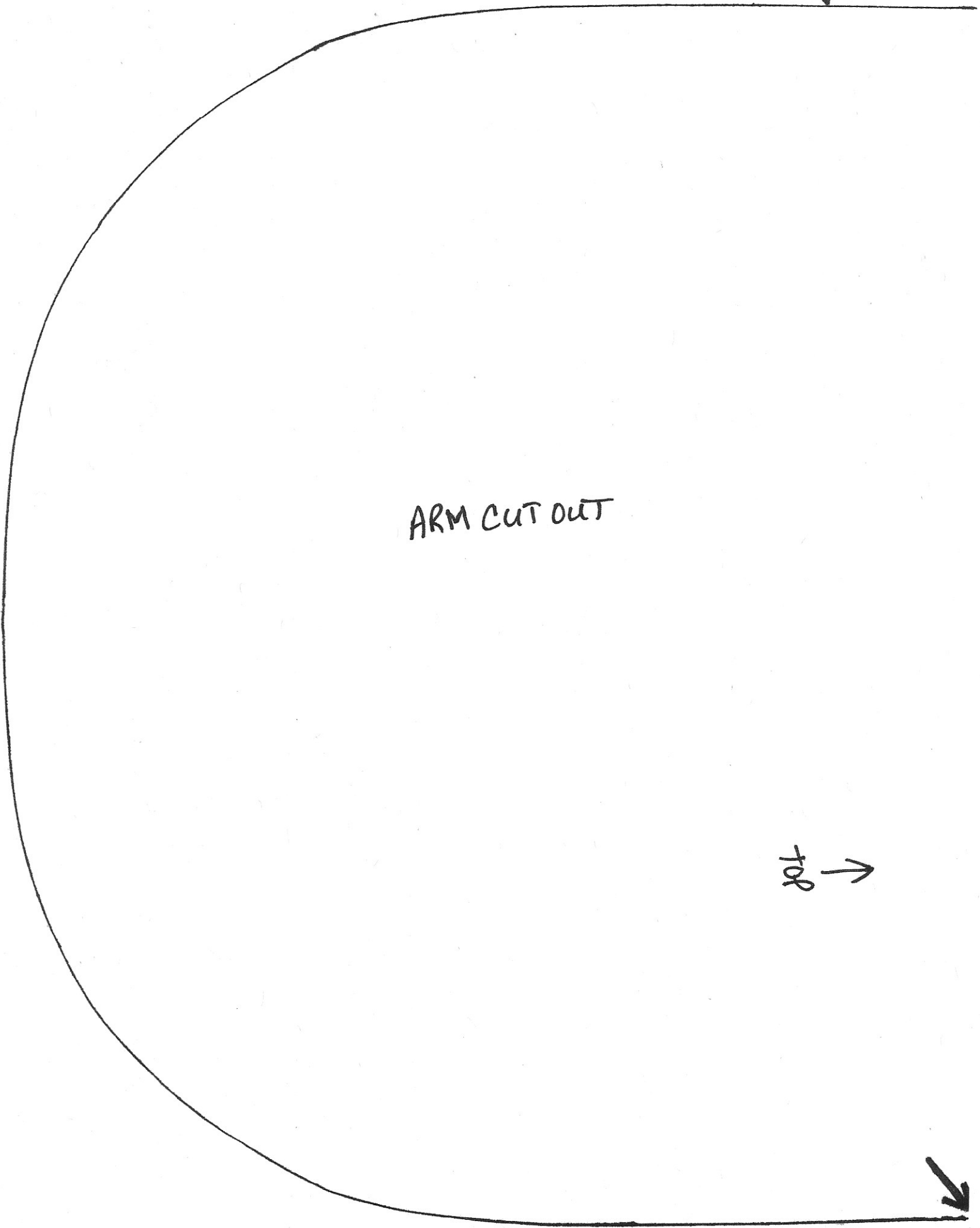
STRAP

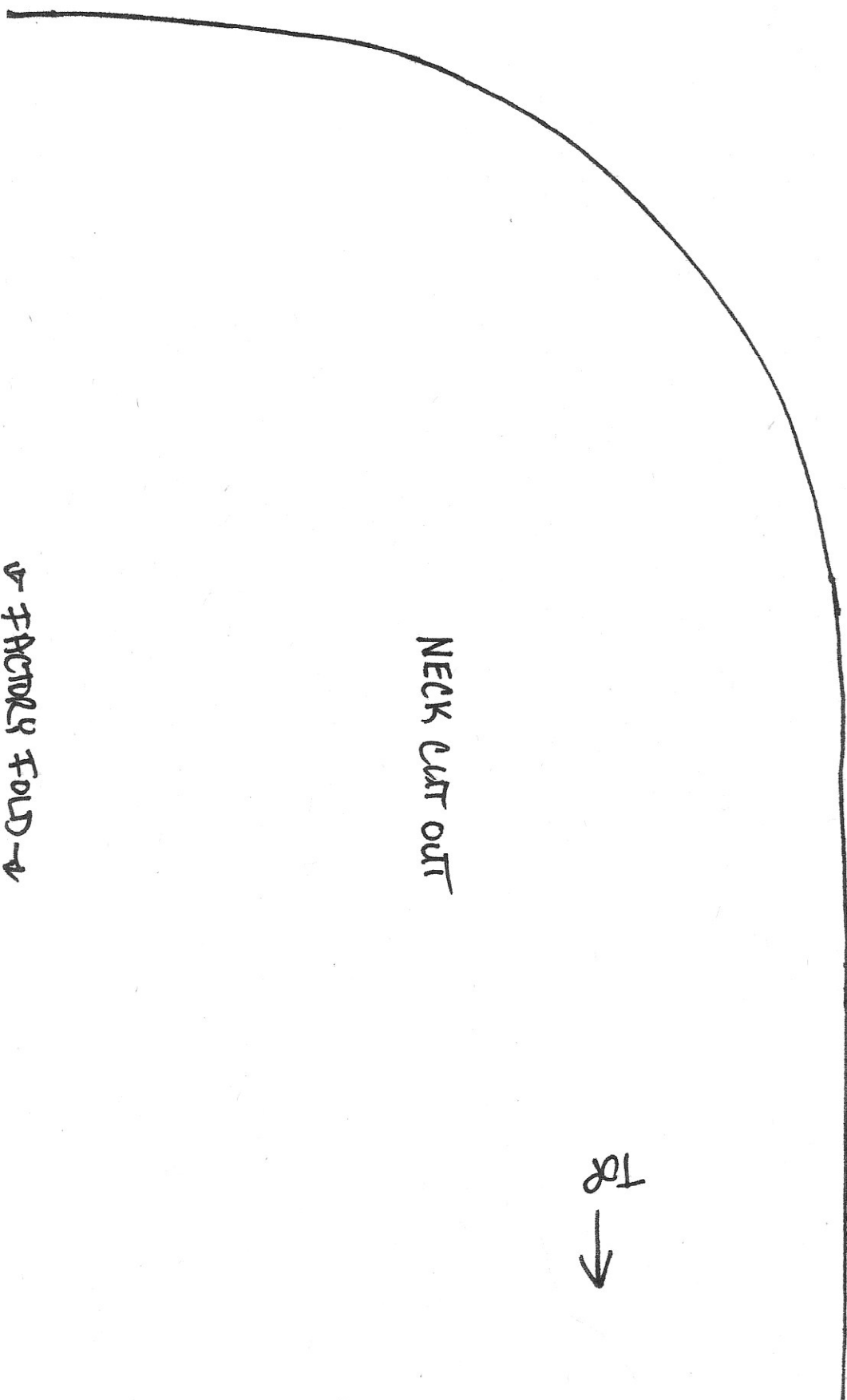
3"
↓

ARM CUT OUT

TOP
↓

↓





↳ FACILE FOLD ↳

NECK CUT OUT

TOP ↳

↳ 3" STRAP ↳