

Aprons for Autism

Material list Mini Apron

1 yard fabric

Thread

A giving heart filled with JOY

Directions

- 1. Square up bottom edge if needed then cut 2 pieces 4" by WOF. These will be used to make the ties.*
- 2. Next cut 9 inches off the Width of Fabric... make sure you are cutting off the WIDTH not the length. You can cut 4 1/2 inches off both selvages and skip pressing a new center line if you like.*
- 3. Refold fabric and press a new center fold to replace the manufacturers factory fold. Then fold so the*

selvages meet the new factory fold. The fabric should now measure about 9" by 30".

- 4. The FOLD on the pattern should be placed along the factory fold then cut along the arm, shoulder, and neck lines.*

TaDa! Your apron is cut out.

- 5. Fold each 4" strip in half longways and sew along the long edge then turn right side out and press. Leave the selvaige ends as they are already finished. Cut 12 inches off one end of both ties for the top tie and set aside all pieces, we will attach them later.*
- 6. If you are using regular quilting cotton, cut 5 inches off the bottom for the pocket. Hem the*

bottom of the pocket by turning up the bottom twice and stitching along the top of the hem as well as the folded edge. This creates a nice detail and adds to the durability.

- 7. Next reattach the pocket by sewing it onto the bottom of the apron (both pieces should be wrong side up and the pocket should be on top of the apron, this will make the right sides face out when you flip the pocket up.) Stitch along the fold then stitch pocket lines to create 4 pockets you will need to stitch the ends closed, one line at the middle fold of the apron and one line at each armhole. These lines are flexible so don't worry that they be measured*

precise. Everyone likes big pockets, right?

- 8. Now apply a rolled hem along the arms and neck. You will need to ease in the curves areas and the rolled hem should be quite small.*
- 9. Hem the back edges of the Apron with a small, rolled hem.*
- 10. Measure from the factory fold at the pocket up 3 inches and over 3 inches to the right and attach the raw end of long strap (repeat for the left strap). Then take a small tuck to cover the raw edge of the strap and top stitch it down. Do this on both waist straps and it will create a nice little pleat in the front of the apron.*
- 11. Sew the shoulder seams next with a French seam.*

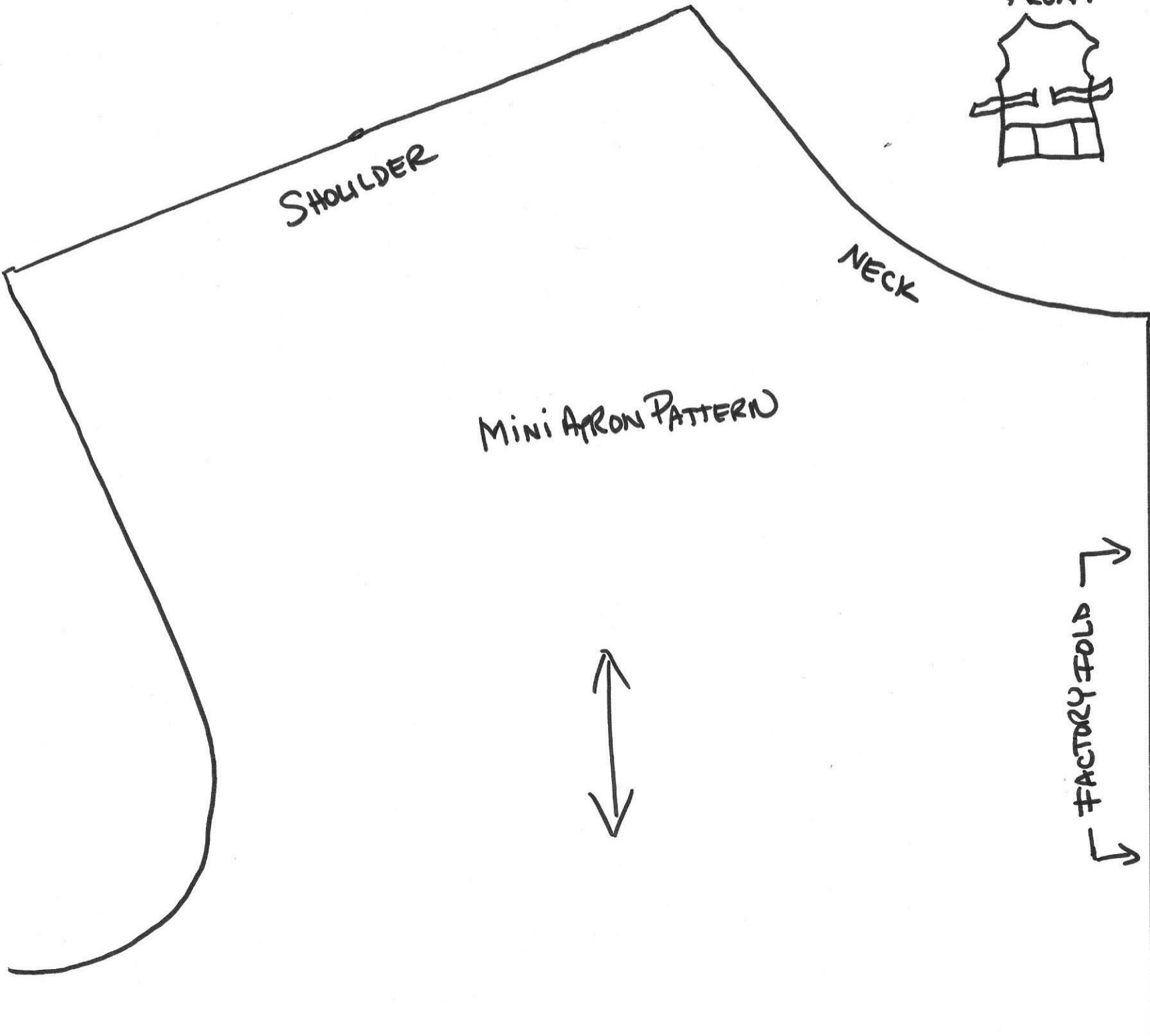
12. Attach the raw ends of the 12-inch ties one to each side of the neck opening folding under the raw edge and stitching it down to cover the raw edge.

Congratulations! You have made a quick and easy apron that will give JOY to a child with Autism and their family. Thank you for participating in this project that is near and dear to our hearts. You are appreciated! A Quilting HERO!



www.quiltculture.art

If you know any small child with Autism in need of an apron, please use this pattern to make them one. If they need more than you can do, please submit a request using the website above. Our goal is to give every child with Autism on the planet an apron. We are honored to have your help.
Quilt Culture



SHOULDER

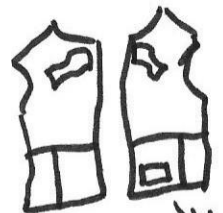
NECK

Mini APRON PATTERN

FRONT



BACK



LABEL



FACTORY FOLD

